# The Surveillance State and what to do about it

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# **First Principles**

**surveillance** (n) Close observation of a person or group, esp. one under suspicion.

- Surveillance is a form of oppression
- Surveillance is a form of social control
- Surveillance does not make you safe

# Second Principles

- At the federal level, US intelligence agencies are heavily invested in surveillance. Think NSA and Edward Snowden, or the FBI and COINTELPRO.
- At a state level, law enforcement agencies engage in surveillance. Think BRIC.
- Large Corporations are heavily invested in surveillance. IMHO, there is not a meaningful difference between corporate and state surveillance.
  - Corporations can be asked (or compelled) to turn over information they have. Some (e.g., AT&T) are willing and eager to do so.
  - Intelligence agencies piggyback on corporate surveillance. (e.g., the NSA's use of tracking cookies).

# Counter-Surveillance 101

- Counter-surveillance = things you do to prevent surveillance (or, to make surveillance more difficult)
- It really boils down to information security and risk management.
  - What "risks" do you care about
  - How much effort are you willing to spend

#### Paper

#### Shredding

- Old-school recycle bin diving is still an effective method for gathering information.
- But, hard to do at scale
- In fact, it's really hard to do mass surveillance on paper.

Tip: shred paper before putting it out on the curb.

Story: Adobe, e-readers and DRM

#### Credit Cards, Discount Cards

Credit cards

- A record of each financial transaction you make
  - Where you shopped
  - How much you spent
  - If you pay in person, also a record of where you were, and when.

Some tech, phone companies publish transparency reports

Have you ever seen a transparency report from a bank?

The same applies to any card tied to "you". The card generates records about what you do, and paint a picture of who you are.

Tip: cash is a good thing.

# Cookies

- Cookies are little bits of "state", and they make the web work. They're also a vehicle for surveillance.
- First Party Cookies: these are sent to the web site you're visiting. They're generally necessary.
- Third-Party Cookies: these are sent to some other website. They generally involve marketing, ad-brokering, analytics, and other forms of corporate surveillance. Avoid them.

Demonstration: facebook.com, huffingtonpost.com, and the datr cookie. This is how companies track you on the web.

Fun: Tamper Data

# Email

Think about the email message your friend sends, and what a marketer sends. How are they different?

Tracking pixels

<img src="http://www.gradienter.xyz/a62JX85Ae8fkmOnn.."</pre>

- This came from a piece of spam, but the alphabet soup is still a tracking token.
- UTM: Urchin Tracker Module, aka Google Analytics

<http://www.mailchimp.com/monkey-rewards/?
 utm\_source=freemium\_newsletter
 &utm\_medium=email&utm\_campaign=monkey\_rewards>

Fun: How to forge an email address

# Social Media

There are three things to remember about social media:

- 1. It's public
- 2. It's public
- 3. The cops read it

Social networking sites are in the advertising business, period.

They're useful for advertising and mobilizing. They're a poor choice for organizing and planning.

Story: my day at the airport

Story: lyrics + facebook = prison time

#### Smart Phones

Currently not a happy story.

- Your phone is a little computer. It's got a microphone that can be turned on remotely.
- When powered on, it pings cell towers. This generates a record of where you were, and when.
- Apps that ask for access to contacts, SMS, GPS and then phone home with the information.
- IMSI catchers (aka Stingrays)

For many people, a smart phone is their only source of internet access.

Discussion: do you see the irony there?

# Encryption

**Encryption** is the process of encoding a message, so that only the intended recipient can read it.

To anyone else, the message looks like gibberish.

Fine Point: technically, encryption is the process of encoding a message so that only the party with the correct *key* can read it. (Leap of faith involved).

# **Encryption Keys**

Encryption keys come in pairs.

- There's a public key. You can give this to everyone
- There's a private key. You give this to no-one.
- Anyone can use a public key to encrypt a message.
- Only the person with the private key can decrypt it.

decrypt(privateKey, encrypt(publicKey, MSG)) = MSG

# HTTPS: a popular encryption scheme

Think of the little lock icon in your web browser.

- The web server has a private key.
- The web server sends you the public key.
- You use the public key to encrypt traffic to the web server.
- Result: The web server can decrypt your traffic. Someone collecting traffic off the network can't decipher it.

Discussion: This shows how your *request* to an https site is encrypted. The web site sends back a web page. How is that *response* encrypted?

# **Digital Signatures**

Earlier, we saw how easy it was to forge an email address. By contrast, forging digital signatures is extremely hard.

Basic Recipe:

- You have a private key
- You use your private key to create a digital signature.
- Anyone with your public key can verify the signature.

Story: Patent trolls, lawyers, and discovery

Discussion: Browser HTTPS warnings (aka "who do you trust"?)

#### Pretty Good Privacy aka PGP

Pretty Good Privacy:

- A system for encrypting email messages (and other kinds of data).
- Supports encryption (only the recipient(s) can read it)
- Supports digital signatures (you can verify the sender is who they claim to be)
- Popular implementations: GnuPG with Thunderbird and Enigmail

Story: Crypto wars vs Free Speech

# OTR – off the record messaging

- Commonly used with chat protocols.
- Both parties generate a one-time key.
- You use the key to communicate
- At the end of your session, the key is thrown away.

This provides a useful property called *Perfect Forward Secrecy*. If someone were to break (or guess) an OTR key, they'd only be able to decrypt one conversation, not all conversations.

# Disk encryption (or device encryption)

- FileVault on Mac OS, LUKS on Linux, BitLocker on Windows.
- The entire contents of your disk is encrypted.
- You'll need to provide a password (a decryption key) in order to access your files.
- Absolutely a good thing to use.

If someone steals your laptop (or device), they get the hardware; they don't get the data.

# Tor: The Onion Router

- A program (and a network) for preserving privacy on the web.
- Aside from encryption, Tor also provides anonymity.
  - The web site you visit can't determine your IP address.

Discussion: Packets and envelopes.

#### How Tor Works



Fun: Tor, GeoIP, and MaxMind

# VPNs (Virtual Private Networks)

- ► Normally, traffic goes from your computer ⇔ service provider.
- With VPN, traffic goes from your computer \$\overline\$ VPN Gateway \$\overline\$ service provider
  - Service providers see your VPN gateway address, and not your real IP address.
  - Traffic between your computer and the VPN gateway is encrypted.
- Very useful when traveling, or when using open WiFi networks.
- Anonymity guarantees aren't as strong as Tor.

Tip: in a pinch, ssh is a useful VPN

#### Password Managers

- The more important the information, the stronger (aka longer) your password should be.
- It really is better to use different passwords for different websites/services.
- Don't try to remember them all. Use a password manager.
- Password managers store your passwords in an encrypted file.
- Password managers can generate random passwords for you

KeepassX is a pretty good one.

Story: The one byte XOR password

#### Free Software

Socially responsible software.

- 0. You're free to install and run the software, on as many computers a you wish, for any purpose that you wish
- 1. You're free to examine the source code, to see how the program works.
- 2. You're free to change the source code (and thereby change how the program works)
- 3. You're free to redistribute your modifications.

Free software licenses list all the things you're allowed to do.

Proprietary software licenses list all of the things you're not allowed to do

#### Is Free Software Better, More Secure, etc

- Lots of free software is very high quality; some of it isn't.
- Not a guarantee of better security (but perhaps likely to provide more privacy)
- Free vs. non-free is more a social choice than a technical one.

It's hard to backdoor a program when the source code is public.

#### Useful Resources: The web

Web browser plugins (for Firefox and/or Chrome):

- NoScript. https://noscript.net/
- HTTPS Everywhere. https://www.eff.org/HTTPS-everywhere
- RefControl https://addons.mozilla.org/en-us/firefox/addon/ refcontrol/
- Tamper Data

https://addons.mozilla.org/en-US/firefox/addon/
tamper-data/

# Useful Resources: The web (cont'd)

- Privacy Badger https://www.eff.org/privacybadger
- Terms of Service; Didn't read https://tosdr.org/
- Lightbeam https://addons.mozilla.org/en-US/firefox/addon/ lightbeam/
- The Tor Project https://www.torproject.org/

# Useful Resource: Email

#### ► GnuPG

https://gnupg.org/ (Main site)
http://www.gpg4win.org/ (Windows)
https://gpgtools.org/ (Mac OS)

#### Enigmail

https://www.enigmail.net/home/index.php

#### Thunderbird

https://www.mozilla.org/en-US/thunderbird/

#### Useful Resources: General

- Surveillance Self Defense https://ssd.eff.org/
- PRISM Break https://prism-break.org/en/
- The Guardian Project https://guardianproject.info/
- Cryptoparty https://www.cryptoparty.in/

#### Random

Acxiom's "About the Data" https://www.aboutthedata.com/

#### Conclusions

- There's a lot of stuff in here. Don't be overwhelmed. Pick something; tinker with it.
- Resistance is not futile!
- How to beat surveillance? Make it incrementally harder for people to do it.
- There aren't absolutes. Experiment, find what works for you.

Counter-surveillance (aka *privacy*) is like locking your front door. There's nothing wrong with locking your front door.